

## Coach's Calendar of Quotes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p><b>1</b> Go confidently in the direction of your dreams. Live the life you've imagined. -Henry David Thoreau</p>	<p><b>2</b> Words are a form of action capable of influencing change. -Ingrid Bengis</p>
<p><b>3</b> When you find your focus and keep your balance - you find that all is right with your world. -Thomas Kinkade</p>	<p><b>4</b> In oneself lies the whole world, and if you know how to look and learn, the door is there and the key is in your hand. -J. Krishnamurti</p>	<p><b>5</b> We do not need magic to change the world, we carry all the power we need inside ourselves already: we have the power to imagine better. -J.K. Rowling</p>	<p><b>6</b> Everything is in the mind. That's where it all starts. Knowing what you want is the first step toward getting it. -Mae West</p>	<p><b>7</b> Just try new things. Don't be afraid. Step out of your comfort zone and soar. All right? -Michelle Obama</p>	<p><b>8</b> The most difficult is the decision to act. The rest is merely tenacity. -Amelia Earhart</p>	<p><b>9</b> Inspiration without execution is delusion. -Robin Sharma</p>
<p><b>10</b> The only person you are destined to become is the person you decide to be. -R. W. Emerson</p>	<p><b>11</b> Life isn't about finding yourself. Life is about creating yourself. -George Bernard Shaw</p>	<p><b>12</b> Vulnerability is the birthplace of innovation, creativity and change. -Brené Brown</p>	<p><b>13</b> Clarity comes from engagement not thoughts. - Marie Forleo</p>	<p><b>14</b> He who has a 'why' to live for can bear with almost any 'how'. -Friedrich Nietzsche</p>	<p><b>15</b> Don't be pushed by your problems. Be led by your dreams. - Ralph Waldo Emerson</p>	<p><b>16</b> The obstacles are those frightful things you see when you take your eyes off your goals. -Henry Ford</p>
<p><b>17</b> Limitations live only in our minds. But if we use our imaginations, our possibilities become limitless. -Jamie Paolinetti</p>	<p><b>18</b> No matter where you are on your journey, that's exactly where you need to be. The next road is always ahead. -Oprah Winfrey</p>	<p><b>19</b> Remember to take care of yourself. Sometimes you get so busy taking care of others that you forget that you are important too. - Helen Barry</p>	<p><b>20</b> Life begins at the end of your comfort zone. So if you're feeling uncomfortable right now, know that the change taking place in your life is a beginning, not an ending. -Neale Donald Walsh</p>	<p><b>21</b> Do not waste time thinking about what you could have done differently. Keep your eyes on the road ahead and do it differently now. -Karen Salmonsohn</p>	<p><b>22</b> Trusting yourself means living out what you already know to be true. -Cheryl Strayed</p>	<p><b>23</b> Success is a journey, not a destination. The doing is often more important than the outcome. -Arthur Ashe</p>
<p><b>24</b> Each man should frame life so that, at some future hour, fact and his dreaming meet. -Victor Hugo</p>	<p><b>25</b> I can't change the direction of the wind, but I can adjust my sails to always reach my destination. -M. Radmarcher-Hershey</p>	<p><b>26</b> Commitment unlocks the doors of imagination, allows vision, and makes it possible to turn our dreams into reality. -James Womak</p>	<p><b>27</b> Fear itself, to a great extent, is born from a story we tell ourselves, and so I choose to tell myself a different story. -Cheryl Strayed</p>	<p><b>28</b> Happiness depends upon ourselves. -Aristotle</p>	<p><b>29</b> It's the possibility of having a dream come true that makes life interesting. -Paulo Coelho</p>	<p><b>30</b> In the end, it's not the years in your life that count. It's the life in your years. - Abraham Lincoln</p>