

Coach's Calendar of Quotes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 We all have our own life to pursue, our own kind of dream to be weaving, and we all have the power to make wishes come true, as long as we keep believing. -Louiza May-Alcott</p>	<p>2 I am as unfinished as the shoreline along the beach meant to transcend myself again and again. -Joan Anderson</p>	<p>3 A woman must come of age herself. She must find her true center alone. She must become whole. -Anne Morrow Lindbergh</p>	<p>4 Trusting yourself means living out what you already know to be true. -Cheryl Strayed</p>	<p>5 One's philosophy is not best expressed in words. It is expressed in the choices one makes. And the choices we make are ultimately our responsibility. -Eleanor. Roosevelt</p>	<p>6 We do not need magic to change the world, we carry all the power we need inside ourselves already: we have the power to imagine better. -J.K. Rowling</p>	<p>7 The most difficult is the decision to act. The rest is merely tenacity. -Amelia Earhart</p>
<p>8 We are gifted in a unique and important way. It is our privilege and our adventure to discover our own special light. -Mary Dunbar</p>	<p>9 Happiness is not a station you arrive at, but a manner of travelling. -Margaret Lee Runbeck</p>	<p>10 If it's woman's nature to nurture then she must nourish herself. - Anne Morrow Lindbergh</p>	<p>11 Just try new things. Don't be afraid. Step out of your comfort zone and soar. All right? -Michelle Obama</p>	<p>12 Fear itself, to a great extent, is born from a story we tell ourselves, and so I choose to tell myself a different story. -Cheryl Strayed</p>	<p>13 We must always change, renew, rejuvenate ourselves; otherwise we harden. -Johann von Goethe</p>	<p>14 The future belongs to those who believe in the beauty of their dreams. -Eleanor Roosevelt</p>
<p>15 Everything is in the mind. That's where it all starts. Knowing what you want is the first step toward getting it. -Mae West</p>	<p>16 Only as high as I reach can I grow. Only as far as I seek can I go. Only as deep as I look can I see. Only as much as I dream can I be. -Karen Ravn</p>	<p>17 The truest greatness lies in being kind, the truest wisdom in a happy mind. -Ella Wheeler Wilcox</p>	<p>18 You wouldn't have the dream if you didn't already have what it takes to make it happen. -Marie Forleo</p>	<p>19 Bravery is acknowledging your fear and doing it anyways. -Cheryl Strayed</p>	<p>20 Do not waste time thinking about what you could have done differently. Keep your eyes on the road ahead and do it differently now. -Karen Salmonsohn</p>	<p>21 Clarity comes from engagement not thoughts. - Marie Forleo</p>
<p>22 Don't surrender all your joy for an idea you used to have about yourself that isn't true anymore. -Cheryl Strayed</p>	<p>23 You need to claim the events of your life to make yourself yours. -Anne Wilson Schaff</p>	<p>24 Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world. -H. Tubman</p>	<p>25 When I let go of what I am, I become what I might be. -Lao Tzu</p>	<p>26 Vulnerability is the birthplace of innovation, creativity and change. -Brené Brown</p>	<p>27 Our feelings are our most genuine paths to knowledge. -Audre Lorde</p>	<p>28 The only way to find the limits of the possible is by going beyond them into the impossible. -A. C. Clarke</p>
<p>29 Don't worry about what the world wants from you, worry about what makes you come more alive. →</p>	<p>30 Because what the world really needs are people who are more alive. -Lawrence LeShan</p>	<p>31 Words are a form of action, capable of influencing change. -Ingrid Bengis</p>				